

Using fMRI to Compare Brain Response to Mantram Repetition and Present Centered Therapy in Veterans with PTSD.

Category

PTSD/TBI

Enrollment Closing Date

Jun 1, 2019

Description

The purpose of this study is to explore the treatment effects of Mantram Repetition, a mind-body self-care practice, and Present Centered Therapy on brain function in veterans with military-related Post-Traumatic Stress Disorder (PTSD) using functional Magnetic Resonance Imaging (fMRI) scans conducted before and after treatment.

Requirements

Participation in an 8-week, 1 hr/week, individual therapy program as well as functional MRI scans, clinical interviews, and questionnaires (total: ~7 hrs split into 3-4 visits in addition to 8 hrs of therapy).

Benefits

Participants will receive individual therapy at no cost. In addition, they will be compensated up to \$200 for participation in the other study components.

**Contact
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