

# Opportunity for Human Research Subjects



## **OurRelationship Study**

Category Enrollment Closing Date

Other 10/31/2026

### Description

Dr. Knopp and her research team are recruiting Veterans and their partners to participate in the OurRelationship study. OurRelationship.com is an online intervention with 8 hours of interactive content and five 30-minute telehealth sessions with a trained relationship coach. We are interested in seeing whether couples at the VA like and benefit from this program.

## Requirements

- \* One partner must be a Veteran enrolled in San Diego VA
- \* Both partners must be proficient in speaking and reading English
- \* Additional eligibility criteria will be assessed by the research team.

#### **Benefits**

Benefits include the free program and monetary compensation up to \$260-\$320 for research participation. You would also be contributing to research aimed at helping improve care for future couples at the VA.

Contact Information *Name* Dr. Kayla Knopp or Amy Hoang

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VA San Diego Healthcare System IRB NUMBER: H210185 IRB APPROVAL DATE: 03/25/2024