



U.S. Department of Veterans Affairs  
VA San Diego Healthcare System

## Opportunity for Human Research Subjects



Veterans Medical Research Foundation

### SMART-CPT for PTSD and History of Concussion

**Category**

PTSD/TBI

**Enrollment Closing Date**

Jan 1, 2027

**Description**

The purpose of this study is to explore effective treatments for Veterans with both PTSD and a history of concussion. Participants will be randomly assigned to receive approximately 12 individual therapy sessions and will complete survey based and cognitive assessments before, directly after, and 3 months after treatment.

**Requirements**

Must be aged 18 to 65 with PTSD diagnosis and a history of concussion with current cognitive complaints, such as forgetfulness, problem-solving difficulties, and poor attention. Must be willing to commit to weekly therapy sessions and to complete up to three assessments over a 6-month period.

**Benefits**

Participants may experience relief from symptoms and will help us improve treatments for Veterans with both PTSD and concussion. Participants will also receive up to \$300 total for completing all three assessments.

**Contact Information**

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VA San Diego Healthcare System  
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