



U.S. Department of Veterans Affairs  
VA San Diego Healthcare System

## Opportunity for Human Research Subjects



Veterans Medical Research Foundation

### Obstructive Sleep Apnea Treatment in People Aging with Serious Mental Illness

**Category**

Sleep Disorders

**Enrollment Closing Date**

02/20/2029

**Description**

We are studying how sleep apnea can affect thinking and mood among Veterans with and without psychosis. We are looking for veterans who have sleep complaints or untreated sleep apnea. Veterans who join will complete three visits and have their blood taken three times over seven months. Participants can receive up to \$165.

**Requirements**

1) 40 to 70 years of age; 2) diagnosis of schizophrenia, schizoaffective disorder, or bipolar mood disorder OR lifetime absence of major neuropsychiatric disorders; 3) Outpatient status; 4) not on CPAP

**Benefits**

There are no direct benefits to the participants. The study will provide general benefits to society by improving our understanding of impact of sleep apnea treatment on health outcomes in people with serious mental illness

**Contact Information**

**Name** Paulyn Kwak

**Phone** (858) 935-4224

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