

## **Grape Seed Extract and Milk Thistle Extract for Lung Cancer Prevention in Heavy Active or Ex-Smokers**

<b><i>Category</i></b>	<b><i>Enrollment Closing Date</i></b>
Cancer/Cancer Prevention	Apr, 30, 2029

### ***Description***

This study is looking at the use for grape seed extracts and milk thistle extracts for lung cancer prevention in heavy active and ex-smokers. Participation will last around 6 months, with 3 months on the study drugs and 3 months on placebo (like sugar pills). There is a screening phase and then 9 study visits (6 in person and 3 phone visits).

### ***Requirements***

- Active or ex-smoker (at least 30 pack years of smoking)
- Age 45 or older

### ***Benefits***

We will learn more about the feasibility of using these health food supplements as study drugs for lung cancer prevention. Participants will be compensated up to \$800 for their time and travel.

**Contact Information**

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