



U.S. Department of Veterans Affairs
VA San Diego Healthcare System

Opportunity for Human Research Subjects



Veterans Medical Research Foundation

Compassion Program to Reduce Loneliness in Veterans with Psychosis

Piloting Feasibility and Acceptability of a Compassion-Based Loneliness Intervention for Veterans with Psychosis

Category

Mental Health



Enrollment Closing Date

09/30/2024

Description

Loneliness and social disconnection is a problem for many people, especially those who might experience psychosis. This pilot study will help us develop a program to address these feelings in Veterans with psychosis. Participation involves 1 baseline visit, 6 weekly groups, and 1-2 follow-up visits. You can participate in-person or virtually. You'll be asked to complete pre- and postsurveys

Requirements

1) Veteran status, 2) Diagnosis of Schizophrenia or Schizoaffective disorder, 3) Have been bothered by feelings of loneliness in the past 2 weeks, 4) Can provide informed consent.

Benefits

There may or may not be a direct benefit to you from the program. However, you can help researchers to adapt and improve this program for other Veterans in the future.

Contact Information

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