Compassion Program to Reduce Loneliness in Veterans with Psychosis

Piloting Feasibility and Acceptability of a Compassion-Based Loneliness Intervention for Veterans with Psychosis

**Category**
Mental Health

**Enrollment Closing Date**
09/30/2024

**Description**
Loneliness and social disconnection is a problem for many people, especially those who might experience psychosis. This pilot study will help us develop a program to address these feelings in Veterans with psychosis. Participation involves 1 baseline visit, 6 weekly groups, and 1-2 follow-up visits. You can participate in-person or virtually. You'll be asked to complete pre- and postsurveys.

**Requirements**
1) Veteran status, 2) Diagnosis of Schizophrenia or Schizoaffective disorder, 3) Have been bothered by feelings of loneliness in the past 2 weeks, 4) Can provide informed consent.

**Benefits**
There may or may not be a direct benefit to you from the program. However, you can help researchers to adapt and improve this program for other Veterans in the future.

**Contact Information**

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