

## Join the largest dementia prevention study- PREVENTABLE

**Category**

Memory

**Enrollment Closing Date**

Aug 30, 2025

**Description**

Participants can help future generations understand if taking a statin can help older adults live well for longer by preventing dementia, disability, or heart disease. Participants will be randomly assigned to receive either a placebo or atorvastatin. The study is expected to last up to 5 years. The study drug will be shipped to participants. Participants can join the study from home.

**Requirements**

You may be a good fit for the study if you are 75 years or older, not taking a statin, and do not have heart disease (heart attack or stroke), dementia, or a significant disability that limits your basic everyday activities.

**Benefits**

Participants are playing an active role in their own health care and helping to generate evidence on healthy aging that may help future generations. They may also benefit from additional memory and physical function monitoring.

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VA San Diego Healthcare System  
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